

VolAware 2008 Schedule of Events*

Thursday 10/2/08

Thursday, October 2nd, 2008 **Concert in Market Square** 5:00pm - 9:00pm

NAMI Knoxville (National Alliance for Mental Illness) is hosting the first ever “Stomp Out Stigma” **FREE Concert for College Mental Health Awareness.**

Featured Act: JayStorm (Voted Best of Knoxville 2008 by MetroPulse) in concert with Jackson Mohr.

Plus: "Step Contest" for cash prizes.

Tuesday 10/7/08

7:30am – 9:00am VolAware Student Affairs Professional Development Program

Awareness Fair

10:00am – 3:30 pm Mental Health Screenings (Room 216 in the University Center)

10:00am – 11:00 am QPR Training Session – open to entire UT and Knoxville Community (Room 221 in the University Center)

11:30 am -12:00 pm Rape Aggression Defense class demonstrations (UC Plaza)

12:00pm – 1:00pm Yoga Class (UC Ballroom)

12:30 pm – 1:30 pm QPR Training Session – open to entire UT and Knoxville Community (Room 221 in the University Center)

1:00 pm -2:00 pm “What Can I do with a Major in the Helping Professions?” (location tba)

2:00 pm – 2:30 pm Rape Aggression Defense class demonstrations (UC Plaza)

3:30 pm -4:30 pm QPR Training Session – open to entire UT and Knoxville community (Room 221 in the University Center))

Mental Health Screenings, Inner Child Play Center, Inflatables, Mental Health Jeopardy contests, and Booths staffed by representatives from wellness, mental health, and professional development entities will be available all day on the 7th.

*This schedule is a work in progress. Please check back often to see events and activities as they are added to the schedule