

## VolAware 2007 Schedule of Events\*

### Monday 10/8/07

- 6:15pm – 6:45pm** “Mental Health and Wellness in Your World” booth competition (Booth competitors can start setting up their booths at 5:00 P.M.)  
Location: UC Ballroom
- 6:45pm-7:45pm** QPR Training Session – open to entire UT and Knoxville community  
Location: UC Ballroom
- 8:00pm – 10:45pm** VolAware opening ceremonies with showing of *Reign Over Me*  
Location: UC Auditorium

### Tuesday 10/9/07

- 7:30am – 9:00am** VolAware Student Affairs Professional Development Program – QPR+ and message from Nancy McGlasson

### Awareness Fair

- 10:00am – 3:30 pm** Mental Health Screenings (Rooms 217 & 218 in the University Center)
- 10:00am – 11:00 am** QPR Training Session – open to entire UT and Knoxville Community (Shiloh Room in the University Center)
- 11:30 am -12:00 pm** Rape Aggression Defense class demonstrations (UC Plaza)
- 11:30 am -12:30 pm** Salsa dancing lessons (UC Plaza)
- 12:00pm – 1:00pm** Yoga Class (UC Rooms 226&227)
- 12:00pm – 1:00pm** Free Chair Massages available (Courtesy of Gypsy Hands) (UC Plaza)
- 12:00 pm -2:00 pm** VolAware Faculty luncheon (Location – I-House)
- 1:00 pm -2:00 pm** “What Can I do with a Major in the Helping Professions?” (UC Shiloh Room)
- 2:00 pm – 2:30 pm** Rape Aggression Defense class demonstrations (UC Plaza)

- 2:30 pm -3:00 pm** H.A.B.I.T. Therapy Dogs (UC Plaza)
- 2:00 pm -4:00 pm** Free Chair Massages available (Courtesy of New Horizons Therapeutic Massage) (UC Plaza)
- 3:30 pm -4:30 pm** QPR Training Session – open to entire UT and Knoxville community (UC Shiloh Room)

**Mental Health Screenings, Inner Child Play Center, Inflatables, Mental Health Jeopardy contests, and Booths staffed by representatives from wellness, mental health, and professional development entities will be available all day on the 9<sup>th</sup>.**

\* Due to the number of events and activities, there is a chance this schedule may be altered slightly. Please check back as the date approaches to ensure you have an up-to-date schedule of events.